



# Summary of the Athletic Training Department



# Credentials

- **Daniel Desmond MS ATC**

- - MS in Athletic Training from the University of Idaho
  - - BS in Kinesiology from SFSU
  - - Board Certified Athletic Trainer
  - - Modest Brazilian jiu-jitsu practitioner
- **-Clinical experience:** Stanford University, University of Idaho, Southwestern University



- **Austin Parr MS ATC CSCS**

- -MS in Athletic Training from the University of Idaho
  - -BS in Exercise Science from EWU
  - -Board certified Athletic Trainer
  - -Certified Strength and Conditioning Specialist
    - - Unostentatious Olympic Weight Lifter
- **-Clinical experience:** Gonzaga University, University of Idaho, Troy high school, Mountain River Physical Therapy





# Mission Statement

To provide collegiate level athletic healthcare in a high school setting. Which consists of, but is not limited to the domains provided by the governing body of our profession. Our respective practices will be invested in the athletic development of each individual with a strong emphasis on injury prevention and movement competency. Although experiencing athletic success is important, keeping each athlete safe is paramount. It is our mission to cultivate an atmosphere that allows each student to feel safe, learn, and develop habits that will improve their quality of life overall.



# What Athletic Trainers Do

**As secondary school athletic trainers we can create a running diagnose, treat accordingly, and discharge any athlete who reports to us with an injury. Examples of services include:**

- Acute Care Management
- Manual Therapy
- Movement Screens
- Strength and Conditioning
- Athletic Development





# Progress Report

- Emergency Action Plans
- Environmental Hazard Policies
- Pre-season concussion eval
- Allied healthcare team
- Safe Sport School District
- Offseason strength and conditioning
- Clinical rotation sites



# Financial Impact

- Orthopedic eval=300
- Concussion baseline=174 (\$40 at doctors office)
- Manual therapy=290 (\$70 at PT office)
- Therapeutic exercise=360 (\$70 at PT office)
- Tape application=550 (\$15 at PT office)
- \$87,726 worth of services
- EX. One ACL tear will cost family \$5,000 in PT visits alone





# Athletic Training Clinics







# Future Endeavors

- Streamline a refer system
- Finish clinics
- Explore strength coach opportunities
- Opening another site with Mesa University
- Develop a culture within athletics

